



Hospice of Central Ohio is a certified Music & Memory provider

What is Music & Memory?

Music & Memory was founded by Dan Cohen in 2010 and provides personalized music playlists on iPods for those patients in our care who are suffering from Alzheimer's, other forms of dementia and a wide range of cognitive and physical impairments.

How does personalized music work to benefit the patient?

- Music can tap deep memories not lost to dementia and can sometimes reawaken residents, enabling them to feel like themselves again, converse, socialize and stay present.
- The human brain is hard-wired to connect music with long-term memory.
- The music replaces the confusing environmental stimuli with something interpretable which can make them more cooperative, attentive and willing to accept care.
- It decreases agitation and provides a distraction from fear and anxiety which could help in the effort to reduce reliance on anti-psychotic, anti-anxiety and anti-depressant medications.

How can you help?

- Become a Music & Memory volunteer
- Donating your old gently used iPods or iPhones
- Donating iTunes gift cards
- Making a monetary donation to benefit our Music & Memory Program

Testimonials

He seemed uninterested in conversation until he listened to his music. After that, he had so many stories to tell and just seemed happier in general.

Zach

Patient Companion ~ Music & Memory

Within minutes of me arriving at his house I placed the earphones on his head and turned on the pre-loaded iPod Mini. His smile lit up the room and his hands were keeping time to the music. His wife keeps saying “He is so happy” over and over. She is thrilled for him and I am thrilled that I have a chance to share this experience with them.

Cathy Johnston

Patient Companion ~ Music & Memory

I visited weekly, and always received positive feedback regarding the visits. The singing outbursts became more frequent as the visits progressed. This man had a voice and he loved to sing!

April S.

Patient Companion ~ Music & Memory